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**Membership Types:**

* **Single**
* **Couple** - defined as two people, living at the same adress and sharing financial obligation, or a single parent and dependent child who resides at the same address as the parent
* **Family** - defined as two people, living at the same address that share financial obligation and all dependent children 22 years old and younger who are residing at the same address. Individuals under the age of 16 must be accompanied by the parent or a guardian over the age of 18.

**Performance Plus Memberships Include:**

* 2 FREE one day guest passes each month\*\*\* ($20 value/month)
* 20% off juice bar & Pro Shop purchases\* (may not be combined with any other offer)
* Monthly locker rental\*

**Benefits and Privileges:**

* Nationally certified trainers and instructors
* Individually designed exercise programs
* Over 65 group fitness classes per week
* Full size basketball court (Coming Soon)
* Indoor and beach volleyball pick up and league
* Sauna (Coming Soon)
* Indoor and outdoor pools – N/A
* A large variety of state-of-the-art cardiovascular and resistance equipment
* Extensive free weight area
* TRX® suspension training area
* Complimentary Training Pack
* Free lectures
* Kids play room
* Open 363 days a year